

Timothy May

LEADERSHIP, COMMUNICATION & STORYTELLING COACH

TOP 3 FINALIST - NEXT TOP SPEAKER CHALLENGE | AWARD-WINNING FILMMAKER | ACTOR | NLP COACH

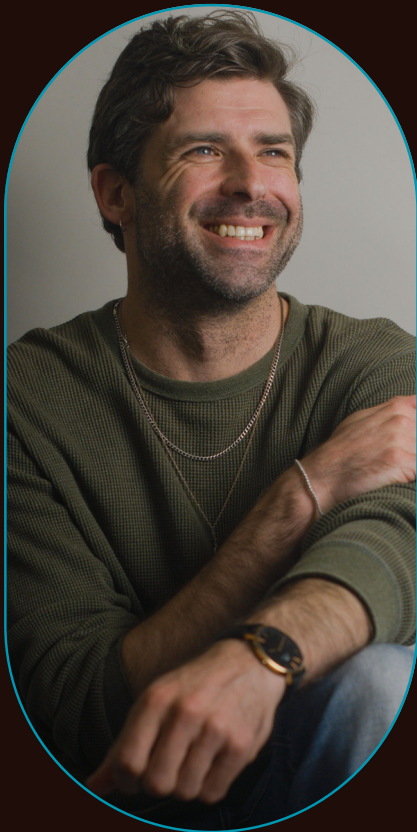
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"Speak, so that I may see you." — Socrates

I help leaders, teams, and creatives find their true voice, step into authentic presence, and inspire action with purpose - aligned to both personal and professional why. Using a unique blend of acting techniques, leadership training, and neuroscience-backed communication tools, I focus on human-based sales, client acquisition, customer service, internal culture, and leadership - helping people tell powerful stories, foster equality, and connect in ways that last.



Signature Topics

Frequency Tune - From Static to Signal

Learn how to cut through noise and communicate with clarity, charisma, and purpose - so your message not reaches people, and moves them. Build human-based connections that drive sales, strengthen relationships, and align every action to your personal and professional why.

All the World's a State - Perform with Authenticity

Discover how performance techniques help you show up in meetings, presentations, and conversations with the same impact as a world-class performer. Create trust and elevate workplace culture by leading with presence and authentic connection.

From Rehearsal to Impact - Turning Preparation into Influence

Master the 3 Pillars of Performance - Physicality, Emotionality, and Intelligence - plus the secret 4th pillar, Improvisation, to inspire trust and spark action in every audience. Deliver stories that connect emotionally, align with purpose, and transform the way your team communicates.

Outcomes for Your Audience

After working with me, your team will:

- Master authentic, purpose-driven communication aligned with their why.
- Build instant rapport with clients, colleagues, and stakeholders.
- Speak with confidence, presence, and influence in any setting.
- Harness storytelling to connect emotionally and inspire action.
- Strengthen internal culture through equality, empathy, and shared purpose.
- Drop into a state of flow on demand for high-stakes moments.

Experiences

- Keynote (45–90 mins)
- Half-Day Transformation Lab
- Full-Day Leadership & Communication Intensive

All programs are tailored to the audience's industry and desired outcomes.



www.linkedin.com/mayfly



www.instagram.com/3popstudio